

Cohort	NESDA
Name	The Netherlands Study of Depression and Anxiety (NESDA)
Description	NESDA examines the etiology and course of depression and anxiety disorders over several years. NESDA aims to determine the psychological, social, biological and genetic factors that influence the development and long-term prognosis of anxiety and depression.
Location	Various regions of the Netherlands
Lead Institute	VU Medical Centre (coordinator) University Medical Centre Groningen Leids University Medical Centre
Cohort size	2981 participants at baseline (2004) 3348 subjects (Current)(2981 + 367 participants of sibling cohort) ~2000 people are still participating of the 2981 participants Recruited from primary care practices and specialized mental health institutions in the locations of Amsterdam and Leiden and the provinces of Groningen, Drenthe and Friesland.
Start Cohort	2004-2006
Follow-up	2005-2007 2006-2008 2008-2010 2010-2012 2013-2015 2019-2021
Variables and Measurement methods	Measurements: interviews, self-report, blood samples, General Practitioners (GP) records, computer tasks and medical examinations Variables (a selection only) <ul style="list-style-type: none"> • Demographics, work and social environment • Lifestyle and health behavior • Psychology and personality • Psychopathology/psychiatry and life events • Somatics, medication use and physical health • Disability, health care use and health care attitude • Ionmaterials • GP data • Add-on studies in subsamples
Availability and Type of -omic data	On almost everyone: <ul style="list-style-type: none"> • DNA (GWA information) • DNA (whole-genome epigenetics information) • Metabolomics (lipidomics) • RNA (whole-genome transcriptomics information) • Proteomics • Microbiome data collection ongoing
Design paper	Penninx et al., 2008
Website	www.nesda.nl